Too Much Selfie isn't Healthy!



Lesson 3: What's Your Emergency?

WE ARE LEARNING: How to respond in an emergency.

BORIS ASKS: Can the children demonstrate how to respond in an emergency?

RESOURCES: Slide; scenario worksheet

One way to be HeartSmart and be #unselfie is to know how to help others is in an emergency situation.

Talk to the children about how they can get help in an emergency:

- Call for an adult
- Phone 999

Give the children some scenarios to think about and decide if they are emergencies requiring 999.

Use one of the emergency scenarios to demonstrate making a 999 call. Ask a child to come to the front and pretend to make a call while you pretend to be the operator.

Use the slide to go over the important things to remember during a 999 call:

- Answer the questions as fully as possible (where, what, who)
- Listen to any instructions carefully
- Stay on the phone until help arrives.

In pairs, give the children one of the three 999 scenario phone calls to practise. One person should take the call and the other be the caller. You may want to put the slide up to remind the children being 'call operators' what to ask. Swap the scenarios and the roles.



HERE ARE SOME WAYS IN WHICH THIS RELATES TO THE CURRICULUM:

R&HE

BFA1. how to make a clear and efficient call to emergency services if necessary.

PSHE

H15. school rules about health and safety, basic emergency aid procedures, where and how to get help

BIBLE REFERENCE

Help each other with your troubles. When you do this, you truly obey the law of Christ. Galatians 6:2

SMSC

The social development of pupils is shown by their:

 use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds

SIAMS

Strand 3: Character Development: Hope, Aspiration and Courageous Advocacy