# Too Much Selfie isn't Healthy!



### Lesson 4: Elizabeth Everest

WE ARE LEARNING TO: Recognise and celebrate the impact kindness can have on another person.

**BORIS ASKS:** Can the children describe the impact Elizabeth had on Winston?

Can the children design an award to honour Elizabeth for her kindness?

**RESOURCES:** Slide

Winston Churchill was one of the most important Prime Ministers that Britain has ever had. As a small boy his parents did not spend much time with him. He was looked after by a lady called Elizabeth Everest who was an amazing person.

Show the children the slide of Churchill and read the information below or ask the children to research Elizabeth online.

Churchill said of her "My nurse was my confidante. Mrs. Everest was who looked after me and tended all my wants. It was to her that I poured out all my many troubles...". Winston formed his strongest childhood emotional attachment to his nanny. She was his constant companion in childhood and they wrote to each other regularly while he was at school. Winston was deeply distressed when she left the house, even though he was then a young officer in the army and the household had no further need for a nanny. Later when Winston learned that Mrs. Everest was gravely ill he rushed to her beside. He was the only member of his family to attend to her, and upon her death, he paid for her grave. He said, "she had been my dearest and most intimate friend during the whole twenty years I had lived" and "I shall never know such a friend again". When Winston died the only picture he had by his bed was of Elizabeth.

Explain that Winston Churchill would have been very lonely if Elizabeth had not cared for him. She did this quietly and lovingly. Caring for people is an incredibly significant act and it's what Too Much Selfie isn't Healthy! is all about.

Ask the children to design an award to honour Elizabeth for the way she looked after Winston.



## HERE ARE SOME WAYS IN WHICH THIS RELATES TO THE CURRICULUM:

#### R&HE

RR5. that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.

#### **PSHE**

R7. that their actions affect themselves and others

#### **BIBLE REFERENCE**

God is fair; he will not forget the work you did and the love you showed for him by helping his people. And he will remember that you are still helping them. Hebrews 6:10

#### SMSC

The social development of pupils is shown by their:

- use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds
- willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively

#### **SIAMS**

Strand 4: Community and Living Well Together