

Lesson 5: No Man is An Island

WE ARE LEARNING TO: Work together, listen to one another's ideas and respect each other's views

BORIS ASKS: Can the children work together to complete the task?
Do the children listen to one another and respect each other's views?

RESOURCES: Slide; hall/playground; hoops

Show the children the slide with the famous quote from John Donne on, 'No man is an island.' Ask them what they think the quote means.

Explain that people are not meant to live alone; we are made to live in community. Ask the children to suggest some communities they belong to (family, school, religious, guiding/scouting, football team, local community, etc.)

Being HeartSmart means knowing that we need others to help us succeed and be the best we can be.

Play the island escape game to demonstrate needing other people to help us.

Island escape:

- Split the children into two teams.
- Mark a line at one end of the hall or playground and have the teams stand behind it.
- Tell the children they are on a dangerous island and they must escape. Tell them they must work together to get to the mainland (the other side of the hall/playground) without falling in the shark infested water!
- Give each team 3 rafts (hoops*) that they can use to transport everyone safely across.

Encourage the children to work together as they find their way across the hall.

*Use more or less hoops if the children are finding it too easy/difficult.



R&HE

CF2. the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.

CF3. that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.

PSHE

R8. to resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices

BIBLE REFERENCE

Later, when Moses' arms became tired, the men put a large rock under him, and he sat on it. Then Aaron and Hur held up Moses' hands—Aaron on one side and Hur on the other. They kept his hands steady until the sun went down. Exodus 17:12

HERE ARE SOME WAYS IN WHICH THIS RELATES TO THE CURRICULUM:

SMSC

The social development of pupils is shown by their:

- use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds
- willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively

SIAMS

Strand 4: Community and Living Well Together

Strand 5: Dignity and Respect