Too Much Selfie isn't Healthy!



Lesson 2: Flip Your Phone

WE ARE LEARNING: Ways we can help others.

To describe the effect of helping someone else.

BORIS ASKS: Can the children suggest something they can do for another person?

Can the children describe how the person they helped felt?

Can the children describe how helping someone else made them feel?

RESOURCES: Worksheet

Ask the children to think about someone they could do something kind for this week.

Using the #unselfie worksheet provided, ask the children to draw a picture of themselves doing the kind deed.

Ask the children to consider:

- · Who they will help
- · What they will do
- · Why they have chosen that person/deed

Encourage the children to do what they have drawn and ask them to feedback to the class after they have done it. Ask the children to describe how the person they helped felt and how it made them feel.



HERE ARE SOME WAYS IN WHICH THIS RELATES TO THE CURRICULUM:

R&HE

CF3. that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.

RR2. practical steps they can take in a range of different contexts to improve or support respectful relationships.

PSHE

R7. that their actions affect themselves and others

BIBLE REFERENCE

We must not become tired of doing good. Galatians 6:9

SMSC

The social development of pupils is shown by their:

- use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds
- willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively

SIAMS

Strand 4: Community and Living Well Together

Strand 5: Dignity and Respect