

EYFS : 5 Weekly Outdoor Challenges

1

Go on a nature sensory adventure. Start with finding things we see, point out colours and shapes. Then look for different smells and how things feel different. End with your eyes closed, listening to different sounds.

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2

Try and go out for at least 5 minutes in varying different weather types. Take pictures, talk about the different sounds, feelings and words we can use to describe that weather type.

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3

Go on an exploration and look for wildlife tracks and look for bugs. Talk about where they are and what animals would come out at night in winter. How can we help them?

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4

Find lots of bits of nature from outside and make something with them. Maybe it links to a topic or a book you have read. Look out for any litter and chat about this.

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5

Look up the weather and show what a weather report looks like, talk about the different symbols. Then go outside and see if the weather report is right! Come back in and write your own weather report.

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