

Show, Don't Tell

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Instructions: Match the emotion subheading cards with the character action cards. There are two character action cards that match each emotion subheading card.

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Tired



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Shocked



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Cold



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Nervous



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Happy



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Excited



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Angry



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Embarrassed



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Hot



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Shy



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Afraid



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Sad



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Hugh grinned from ear to ear and began to giggle as he bounced joyfully into the yard.

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Bella stomped out of the room with her lips tightly pursed together and her hands sternly placed on her hips.

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Tears began to flow down Alina's cheeks as she dropped to her knees in disbelief.

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Lucy started to shiver. She rubbed her hands together to keep warm.

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The next day, everyone commented on the redness of Hamish's eyes. His eyelids felt like they weighed a ton, but he knew it was all worth it to protect his family during the night.

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My stomach felt as though there were a whole kaleidoscope of butterflies fluttering around.

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Blood quickly flushed my face. I tried not to make eye contact as I made a quick escape.

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Even though the final half had just taken all their energy, Vincenzo and his team began giving each other high-fives and jumping up and down hysterically.

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Noah's face began to turn red and sweat started dripping from his forehead, but he was determined to keep going.

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Hayden tried to ignore his dry mouth, cracked lips and sweaty palms as he searched for water.

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Connor's tummy started to churn, and he was beginning to break out into a cold sweat.

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I could feel my heart racing faster than a jet plane, but my feet were frozen still as though they were caught in a snowstorm.

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Thenuka's eyes lit up as a huge smile appeared on his face.

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My cheeks began to feel warmer. I wondered if they looked as red to everyone else as they felt to me.

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As Hiwan waited for her turn she felt a lump begin to form in her throat. She couldn't stop fidgeting with her thumbs.

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Diego fought with every fibre in his body to keep his eyes from closing but the yawns just kept coming.

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Luna shivered frantically as goosebumps began to form on her arms. With every breath, a white cloud of air appeared.

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Alex blushed and looked down to the ground.

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Sophie's face turned bright red and she started to clench her fists.

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Emily suddenly jumped backwards and gasped for air as she felt something crawl up her leg.

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The little girl wept uncontrollably into her hands as her mother hugged her.

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Josef sprinted towards his Dad with his mouth wide open. He jumped straight into his Dad's arms with a huge grin.

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Tiana's jaw dropped to the ground and her eyes began to widen as her Mum walked through the door with an unexpected present.

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When Anna did say something, she spoke with a soft voice, avoided eye contact and often hid her face behind her hands.

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